## **SAMPLE**

Address: Dubai, UAE
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## **Core Competencies**

Food Regulations and Compliance Standards
 Analysing and Assessing Scientific Data
 Product Labelling Regulatory Inspections
 Best Industry
 Practice Implementation
 Nutrition and Ingredient Label Declarations
 Allergen Declarations and Claims
 Strong Collaboration and Communication Skills
 Process Improvement
 Identifying and Mitigating Regulatory Risks

#### **Education**

# BS Degree in Nutrition and Dietetic Coordinated Program (NDCP) – 2015

American University of Beirut, Beirut, Lebanon

# High School Diploma and Lebanese Baccalaureate in Life Sciences – 2011

College des Soeurs des Saints-Coeurs, Hadath, Lebanon

#### **Professional Credentials**

#### Awards:

- Team member of "Qatar Crisis Team"; winner of regional "Mars Make the Difference Award" – 2019
- US Registered and Licensed Dietitian May 2015
- Dean Honour List for All Academic Years 2011 to 2015

## **Conferences and Workshops:**

- Various Nutrition and Food Safety Conference, Lebanon and Dubai
- International Student Leadership Conference (ISLC) in John Cabot University, Rome, Italy

#### Volunteering Experience:

- Mars Make it Mean More Champion: HR Lead initiative associates to nurture and preserve MARS Family Culture and fun element in our workplace. Lead Health & Wellness initiatives in Dubai office
- Participated in multiple MARS volunteering programs during Ramadan season
- Student representative in the in the University
   Student Faculty & Disciplinary & Admission
   Committee (USFC)
  - ✓ The USFC is a body of 18 students elected from the SRC body that works directly with AUB higher administration to contribute to the management of the activities of the university
- Vice President of AUB Nutrition Society 2013-2014
  - Lead nutritional society consisting of 100 students and 9 cabinet members in several nutrition & health awareness campaigns and projects targeting AUB campus

#### **Personal Details**

Date of Birth: Nationality: Marital Status: Driver's Licence:

Languages: English, Arabic and French

Accomplished Research and Regulatory Affairs Scientist with a vision to improve food quality standards and infuse maximum nutrition in all food products for healthier community. Offering over 4 years of experience in ensuring that company's different category products comply with the regulation standards before distributing across MEA market. Hands-on experience in conducting thorough research and providing nutrition expertise for quality product development, further contributing in healthy product manufacturing and distribution. USA Registered Dietitian possessing vast knowledge about claims associated with ingredients as well as regulatory guidelines of claims. Experience in communicating with the SRA program lead pertaining to current and expected regulatory status of claims, ingredients and additives.

#### **CAREER HIGHLIGHTS**

- Successful in assessing quality and steering regulatory activities pertaining to raw materials, finished products, product registration, labelling, claims, packaging and regulatory database management.
- Proved instrumental in handling and executing compliance campaign on all pet food, ice cream and cakes business across MEA.
- Served as a key part of the future innovation team; participated in cross-functional team environment and developed healthy snacking propositions in terms of nutritional values as well as health and wellness credentials.
- ✓ Developed and facilitated nutrition assessment and lesson plans for refugees at International Medical Corps.

#### **WORK HISTORY**

### Regional Scientific and Regulatory Affairs Scientist Mars Wrigley Confectionery MEA

Nov 2017 - Present

Chocolate - Saudi Gulf (Jan 2019 – Present)

Brands: Galaxy, Jewels, Twix, Snickers, Bounty, Maltesres, M&M and Mars

BE-KIND (Dec 2018 - Present)

### Petcare, Ice Cream, Cakes & Food Business (Nov 2017 - Present)

Petcare Brands: Pedigree, Sheba, Cesar, Whiskas, Dreamies and Trill Ice cream brands: Galaxy, Mars, Bounty, Twix, Maltesers, MMs and Snickers Cakes brand: Galaxy

- Ensuring adherence with the regulatory, Mars and national/international food laws and regulations of MEA region for various food categories, including Chocolate, BE-KIND and Petcare, Ice Cream, Cakes & Food Business.
- Accountable for providing nutrition and regulatory guidance on recipe, claims and product label.
- Staying abreast with the changes related to nutrition and regulatory development and standards in addition to determining implications to the business, managing SRA risk assessments and communicating regulatory risks to stakeholders.
- Collaborating with the R&D and market stakeholders to determine lucrative business development opportunities and drive business growth.
- Assessing all ingredients, formulas, labels, claims and packaging to ensure compliance with the applicable NAL, Egypt and markets standards.
- Implementing necessary improvement initiatives to enhance internal and external compliance processes and practices.

## Trainee 2012 – 2017

## Mars Graduate Program

- Worked in various capacities and acquired detailed knowledge related to each rotation, as mentioned below:
  - o Product and Process Implementation Rotation (Sep 2015 Feb 2016)
  - Product Development (Feb 2016 Feb 2017)
  - o Packaging Rotation (Feb 2017 Nov 2017)
- Developed detailed knowledge pertaining to Galaxy Chocolate and Crumb making processes.
- Performed research on international regulatory and nutritional recommendations pertaining to snacking.
- Assisting in developing healthy recipes, maintaining ingredients and nutritional composition, validating claims, assessing product labelling process and coordinating sensory test.

## Dietetic Intern AUB Medical Center

Aug 2014 – May 2015

- Successful in participating in training and acquiring detailed understanding related to foods service, clinical and community rotations.
- Provided personalised medical nutrition therapy, also led nutrition research and intervention in school for kids as well as introduced hypertension management centre for elder people.